

By The Dozen

Room Temperature Hors D'oeuvres

Cucumber & Hummus Cups	21
Caesar Salad Rolls <i>prosciutto and parmesan</i>	21
Grilled Zucchini Rolls	21
<i>chevre, roasted pepper and thyme</i>	
Smoked Salmon Roulade	24
<i>on cucumber slices and black bread</i>	
*Vegetable Summer Rolls (<i>peanut sauce</i>)	21
Jumbo Shrimp Cocktail (approx 16 shrimp)	36/lb
<i>housemade cocktail sauce</i>	

Hot Hors D'oeuvres (require reheating)

Pigs in a Blanket	20
Angus Cheeseburger Sliders	44
Spinach & Artichoke Phyllo Triangles	25
Spanikopita Triangles <i>spinach, feta, dill</i>	25
Asian Chicken Satay	22
Barbecue Duck Quesadillas	22
Coconut Shrimp <i>mango dipping sauce</i>	24
Mini Crab Cakes <i>chipotle remoulade</i>	30
Mini Falafel <i>citrus yogurt</i>	22
Arancini <i>truffle or porcini</i>	24

Hot Meals (serve 6-8 unless noted)

ready to reheat in aluminum half hotel pans

Whole Roasted Filet Mignon (<i>choice of sauce</i>)	170
Chicken Parmesan, Francaise or Marsala	55
Roasted Salmon (<i>choice of sauce</i>)	120
Shrimp with Orzo & Peas	75
Chicken Pot Pie (serves 6)	60
Curry Chicken Stew	65
Shrimp Paella	75
Vegetable or Bolognese Lasagna (serves 8-10)	75
Chicken Empanadas (<i>chimichurri sauce</i>)	55
Eggplant Parmesan	45
Rigatoni with Vodka Sauce	36
Baked Ziti	55
Chicken Tenders	45

Platters

(all platters are served room temperature, small serves 6-10, large serves 12-16)

Hors D'oeuvres

Provençal Vegetable Crudité	50/80
<i>caramelized onion dip, housemade ranch or hummus</i>	
Jumbo Shrimp & Housemade Cocktail Sauce	70/130
Artisan Cheeses and Fruit	75/125
<i>Manchego, maytag blue, camembert, st. andre, dried pears, figs, apricots and baguette</i>	
Shaved Hard Cheeses and Fruit	60/110
<i>a selection of shaved hard cheeses including parmesan, romano, aged gouda, midnight moon, dried pears, figs, apricots and baguette</i>	
French Charcuterie Platter	Large - 115
<i>coppa, saucisson sec, prosciutto, genoa salami, marinated mushrooms, cornichons, olives, baguette</i>	
Sliced, Assorted, Seasonal Fruit Platter	25/60

Tea Sandwiches (or order by the dozen)

Small (3 dozen)/Large (5 dozen)	60/120
<i>choice of cucumber & watercress, smoked salmon, curried chicken salad, olive tapenade and goat cheese, roast turkey & swiss</i>	

Entrees (choice of sauce)

Grilled Chicken	55/85
Pesto Grilled Shrimp	70/130
Roasted or Poached Salmon (6 oz. por)	95/155
Sliced Filet Mignon	180/295
Marinated Grilled Sliced Flank Steak	145/235
<i>saucers: mango salsa, horseradish creme fraiche, honey mustard dill, cucumber raita, chimichurri sauce, green goddess sauce</i>	
Grilled Provençal Vegetables (<i>basil oil</i>)	45/70

Petit Sandwiches

4.50 each
<i>made on white roll, mini croissant or mini brioche, choose from below (10 piece minimum):</i>
-Roast Beef with horseradish mayo
-Roasted Turkey, Swiss and Bacon
-Ham & Cheddar with butter
-Green Goddess Chicken Salad
-Tomato, Basil & Mozzarella with basil oil
-Tuna Salad (pole caught, low mercury)
-Spark Bird Chicken Sandwich Manchego & Roasted Peppers

Sides (serve 6-8 unless noted)

Vegetable Melange	35	Creamed Spinach	30
Haricots Verts	35	Herb Roasted Potatoes	35
Maple Roasted Brussels Sprouts	40	Potato Gratin	55
Asparagus with Extra Virgin Olive Oil	35	Mashed Potatoes	35

Desserts

*Cookie & Brownie Tray	30/55	Mini Eclair Tray (20 pieces)	35
<i>selection of cookies, brownies, and dessert bars, garnished with dried fruit</i>		Yodel Tray (27 pieces)	35
*Petit Fours (40 pieces)	85	Mini Party Cupcakes (2 dozen)	50
<i>assorted finger desserts including: mini tartlettes, chocolate dipped strawberries, french macarons, pecan squares and mini chocolate mousse cups</i>			
Lemon Pound Cake & Strawberries	16	Birthday and Celebration Cakes	
		<i>chocolate homestyle, chocolate mousse, lemon coconut, strawberry shortcake or call for other delicious options. (allow 48 hours)</i>	

Take Home and Delivery

203.326.4540 Press 1



Our Ingredients are all wholesome and natural, with no preservatives. We make all our own sauces, stocks and mayonnaises. Our chicken is all natural and our tuna is low mercury and pole caught and our roast beef is house made. Our breads are all freshly made daily and purchased from local purveyors

Breakfast

Breakfast Basket

selection of our baked breakfast goods, including muffins, scones, danish, croissants and pain au chocolate - served with butter and jam

Small (11 pieces)	47
Large (17 pieces)	74

Whole Quiche (serves 8-10)

Quiche Lorraine (bacon & gruyere)
Roasted Tomato, Broccoli & Cheddar
Asparagus, Mushroom, Leeks and Mozzarella
Black Forest Ham & Cheddar

Lorraine, 46, Others 42

Smoked Salmon Platter (serves 8-10)

pumpernickel triangles, chopped onion, chopped egg, capers and lemon - 110

Fruit Salad

seasonal fruit with mint lavender syrup

Small (serves 6-8)	35
Large (serves 10-12)	53

Fruit Skewers 110/ 2 dozen

Hot Breakfast (minimum 6 each)

Breakfast Burritos 35/half dozen
Breakfast Stratas 35/half dozen
(individual crustless quiche)

Other Breakfast and Drinks

Yogurt, Granola & Berry Parfaits	5
*Overnight Oats (blueberry, strawberry)	6
Coffee Cake (sliced in basket)	12
Fresh Orange Juice (1/2 gallon)	12
Coffee Box (serves 8-10)	24
Tea Service (serves 8-10)	20
Hot Ginger Tea (serves 8-10)	24
Sparkling Water & Soft Drinks	3

ask about daily & weekly specials

Lunch

Cold Sandwiches & Wraps Platters

Small (6 sandwiches)	89
Medium (8 sandwiches)	115
Large (12 sandwiches)	179

sandwiches are cut in half, individually wrapped and arranged on a platter

Hot Panini Platters

Small (6 sandwiches)	89
Medium (8 sandwiches)	115
Large (12 sandwiches)	179

paninis are cut in half, individually wrapped in foil in an aluminum pan (comes with platter)

Salads (small serves 6-8, large serves 9-12)

add grilled chicken 7.50/11.50

*Baby Arugula	28/42
dried cranberries, honey almonds, manchego cheese, red wine vinaigrette	
*Kale Salad	28/42
shaved fennel, dried cranberries and toasted almonds	
Garden	28/42
romaine, cherry tomatoes, cucumbers, carrots, mushrooms, balsamic vinaigrette	
Greek	28/42
romaine, tomatoes, cucumber, black olives, feta cheese, lemon vinaigrette	
Shaved Brussels Sprouts Salad	28/42
apples, lemon vinaigrette, and parmesan cheese	
Caesar	28/42
romaine, shaved parmesan cheese, croutons, classic caesar dressing	
Caesar with Grilled Chicken	32/47
Vegetable Pasta Salad	36/53
grilled vegetables and basil oil	
*Orzo Salad	36/53
dried apricots, pistachios, scallions and ginger oil	
Glorias Grilled Chicken Salad	36/53
lettuce, jalapeno, tomatoes, breaded chicken, avocado, red onions, cumin, sriracha, lime	
Raw Broccoli Salad	36/53
chickpeas, feta cheese, currants, red onions, peppers, feta yogurt dressing	
Flank Steak Salad	36/53
grape tomatoes, baby spinach, black beans, diced avocado, chipotle vinaigrette	

Sandwiches & Wraps

- #1 Avocado and Cheddar sprouts, cucumber, tomato, spicy mayo on light multigrain bread
- #3 Green Goddess Chicken Salad white meat chicken, tomato, green goddess dressing on ciabatta roll
- #4 Egg Salad lettuce, tomato on country white bread
- #5 Black Forest Ham and Brie honey mustard, lettuce on french baguette
- #6 Roast Beef lettuce, tomato, russian dressing on light multigrain,
- #7 Tuna Salad low mercury, pole caught tuna, lettuce, tomato on light multigrain bread
- #8 Roasted Turkey and Swiss tomato, lettuce on light multigrain bread
- #14 Hummus and Avocado roasted peppers, arugula, cucumbers, cheddar on light multigrain
- #17 Roasted Turkey and Avocado lettuce, tomato, mustard, mayonnaise on country white bread
- #19 Gloria's Chicken Wrap, lettuce, jalapeno, tomatoes, breaded chicken, avocado, red onions, cumin, sriracha, lime in white tortilla
- #21 Tomato, Basil, and Mozzarella Baguette fresh mozzarella cheese, basil leaf, basil oil
- #31 Chicken & Kale Wrap red onion, lemon vinaigrette in white tortilla
- #32 Grilled Chicken and Avocado muenster, tomato, lettuce, mayo on light multigrain bread

- #34 *Bang Bang Chicken Wrap red cabbage, carrots, scallions, cilantro, lime, rice wine vinegar, mustard, sesame oil, sriracha, tamari, peanut butter, garlic, ginger in white tortilla
- #35 Spark Bird Chicken Sandwich Manchego & Roasted Peppers harissa honey chicken breast, roasted red peppers, manchego cheese, preserved lemon, lettuce, harissa mayo, on ciabatta bread

Paninis

- #12 Chicken Pesto all natural, grilled chicken, basil pesto and provolone cheese
- #78 Panini -Roasted Turkey, Bacon, Cranberry & Brie - all natural oven roasted turkey, applewood smoked bacon, brie cheese, dried cranberries, raspberry vinegar
- #49 Chicken Parmesan marinara sauce and mozzarella cheese
- #76 Tomato and Mozzarella fresh mozzarella cheese, basil leaf and basil oil